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**Secretary- Tres. Matt Bell**

DENTAL HEALTH ASSOCIATES, INC.

DENTAL PROGRAM  
FOR  
PARTICIPATING INDEMNITY PLAN  
MEMBERS ONLY  
OF  
UFCW UNION LOCAL 324  
**FOOD DIVISION**

Since 1974 the DHA dental benefit program has been available to UFCW members in the Los Angeles area to cover eligible members and their eligible dependents. UFCW 324 is now offering the program with a new list of dental providers in the South Los Angeles and Orange County areas. Local 324 insists on high quality dental care, convenient hours and locations, reasonable fees, a truly comprehensive benefit schedule and private dental offices.

Dental Health Associates, Inc. has a proven track record and has earned praise from UFCW members.

Sincerely and fraternally,  
United Food & Commercial Workers Union,  
Local 324

*Andrea Zinder*

Andrea Zinder  
President

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For additional information telephone or write the  
Union or Dental Health Associates, Inc.

**UFCW-Local 324**  
8530 Stanton Avenue  
Buena Park, Ca 90620  
Telephone (714) 995-4601

**Dental Health Associates, Inc.**  
5451 Laurel Canyon Blvd., Suite 209  
No. Hollywood, California 91607  
Telephone (818) 980-0778

**GENERAL INFORMATION  
FOOD / MEAT DIVISION  
ALL PLANS**

**YOUR UFCW LOCAL 324 DENTAL HEALTH PROGRAM**

Local 324 has been working with DHA since 1974 to provide quality dental care for eligible members and their families. This plan makes quality dental care available at significant savings to all eligible Local 324 Idemnity Plan members only and their eligible dependents.

**WHERE ARE THE DENTAL OFFICES LOCATED? WHAT ARE THEIR HOURS?**

One of the great advantages of the plan is that service is being provided by private dentists of your choice. Each dentist participating in the plan has arranged office hours for the convenience of their patients. Locations of the participating dentists are listed in this brochure. Choose a dentist close to home or work - whichever is most convenient for you.

**CAN I BE SURE OF QUALITY DENTISTRY?**

The most important direction UFCW Local 324 gave Dental Health Associates, Inc. was to provide high quality dental care. All of the panel providers were visited personally by DHA representatives to ensure that they met our high standards. Only those offices who qualified were asked to become part of our program. DHA is very proud to have many fine offices to serve the needs of Local 324 Idemnity Plan members.

**GENERAL INFORMATION  
FOOD / MEAT DIVISION  
ALL PLANS / CONTINUED**

**WHO IS ELIGIBLE?**

Local 324 Food and Meat division eligible members and their eligible dependents **enrolled in the Indemnity Dental Plan**. If you do not know which plan you qualify for you may call DHA directly, (or your local Union office) for this information **before** using the reference material in this brochure.

**WHAT WILL DENTAL SERVICES COST?**

The cost of dental services will be determined by the plan for which you are eligible provided you have not met your yearly maximum. Most frequently performed dental services have little or no copayments when you use a participating provider. Each plan has separate deductibles and maximums. These are explained on the following pages. Additional patient co-payments may be required.

When seen by a DHA specialist such as an Endodontist, Periodontist, Pedodontist, or an Oral Surgeon, **additional co-payments will be required**. All co-payments, including deductibles, are due at the time of service.

Each Food Division member has a deductible which is per calendar year and does **not** apply to routine preventive and diagnostic care (cleaning, examination and x-rays). Some offices may have chosen to waive all or part of your annual deductible. Please contact the dental office directly for deductible and co-payment information.

**WHAT ABOUT EMERGENCY CARE?**

Your local participating dentist will provide you with a telephone number to use in case of dental emergencies. Relief from pain is available 24 hours a day, seven days a week.

**GENERAL INFORMATION  
FOOD / MEAT DIVISION  
ALL PLANS / CONTINUED**

**WHAT HAPPENS ON MY FIRST VISIT?**

Your first visit, or that of an eligible family member, may include the following:

1. Examination of teeth, gums and surrounding areas.
2. Any necessary x-rays to determine the condition of areas of your mouth not visible to the eye.
3. Diagnosis of the existing conditions in your mouth. You and the dentist will discuss his/her findings and work out a long-range treatment plan.

**HOW DO I SCHEDULE AN APPOINTMENT?**

Simply select a dentist from the panel list. Telephone the office and arrange an appointment. Please give the dental office the social security number or family ID # of the union member when making your appointment. Verification of eligibility will be handled by the dental office. Dental forms are available through the dental office. Please do not call the Union to request claim forms.

If you need to cancel an appointment, be sure to call at least **24 hours** in advance.

**UNUSED DENTAL BENEFIT CARRYOVER**

At the end of the calendar year, any unused dental benefits up to one-half of the annual maximum, will be carried over to the next calendar year. The maximum amount that will be carried over in any calendar year is \$900. Unused dental benefits can only be used for services covered by the Fund's **Indemnity Dental Plan**.

## **FOOD / MEAT DIVISION PLAN INFORMATION**

The following is a brief description of benefits for each plan as they apply specifically to participating dental offices.

### **PLAN A PLATINUM PLUS, PLATINUM AND GOLD PLANS\***

Annual Maximum Per Person.....	\$1800.00
Annual Deductible Per Person.....	\$50.00
Family Deductible Maximum.....	\$150.00

Routine dental procedures such as examinations, x-rays, and cleanings have no out-of-pocket cost to the eligible member. See page 10 of this brochure for a *sample* of the most frequently performed services.

All co-payments, including deductibles, are due at the time of service. Additional patient co-payments may be required.

### **PLAN A SILVER PLAN\*\***

Annual Maximum Per Person.....	\$1000.00
Annual Deductible Per Person.....	\$50.00
Family Deductible Maximum.....	\$150.00

Routine dental procedures such as examinations, x-rays, and cleanings have no out-of-pocket cost to the eligible member. See page 10 of this brochure for a *sample* of the most frequently performed services.

All co-payments, including deductibles, are due at the time of service. Additional patient co-payments may be required.

**\*Any employee with 43 or more months of employment,  
EXCEPT Clerk's Helpers hired after March 2004.  
(Clerk's Helpers hired before March 2004 are Platinum Plus)**

**FOOD / MEAT DIVISION  
PLAN INFORMATION**

**PLAN B  
PLATINUM PLUS, PLATINUM AND GOLD  
PLANS\***

Annual Maximum Per Person.....	\$1400.00
Annual Deductible Per Person.....	\$50.00
Family Deductible Maximum.....	\$150.00

Routine dental procedures such as examinations, x-rays, and cleanings have no out-of-pocket cost to the eligible member. See page 10 of this brochure for a *sample* of the most frequently performed services.

All co-payments, including deductibles, are due at the time of service. Additional patient co-payments may be required.

**PLAN B  
SILVER PLAN\*\***

Annual Maximum Per Person.....	\$1150.00
Annual Deductible Per Person.....	\$50.00
Family Deductible Maximum.....	\$150.00

Routine dental procedures such as examinations, x-rays, and cleanings have no out-of-pocket cost to the eligible member. See page 10 of this brochure for a *sample* of the most frequently performed services.

All co-payments, including deductibles, are due at the time of service. Additional patient co-payments may be required.

**\*\* (For Utility Clerks and all other employees' with less than  
3½ years (42 months) of employment.**



**FOOD / MEAT DIVISION  
PLAN INFORMATION**

**RETIREES**

Food and Meat Retirees who are enrolled in the Indemnity Dental Plan through the UFCW Trust Fund, will also be eligible to participate in this dental program.

Annual Maximum Per Person.....\$1800.00  
Annual Deductible Per Person.....\$50.00  
Family Deductible Maximum.....\$150.00

Routine dental procedures such as examinations, x-rays, and cleanings have no out-of-pocket cost to the eligible member. See page 10 of this brochure for a *sample* of the most frequently performed services.

All co-payments, including deductibles, are due at the time of service. Additional patient co-payments may be required.

**ALL PLANS**  
**ELIGIBLE DEPENDENT CHILDREN**  
**UNDER AGE 18**

All eligible children, **18 years and younger,** have no annual maximum. Deductibles still apply. On the patient's 19<sup>th</sup> birthday, the benefit maximum returns to that of the member's plan. If benefits have already been paid over the member's plan maximum, there are no benefits remaining for that year, for the child who just turned nineteen. If the Plan maximum has not yet been reached, the child will have additional benefits up to the Plan's maximum as long as eligibility is maintained.

# FOOD / MEAT DIVISION

## ALL PLANS

### SAMPLE SCHEDULE OF PATIENT CO-PAYMENTS

Examination .....	No Copay
Full Mouth X-rays .....	No Copay
Teeth Cleaning (1 in 6 Months) .....	No Copay
Fluoride Treatment (Under 19) .....	No Copay
White Fillings (Front Teeth Only).....	No Copay
Amalgam Fillings.....	No Copay
Extractions (Simple).....	No Copay
Root Canals (Front Teeth).....	No Copay
Gum Treatment (Deep Cleaning) .....	No Copay
Crowns (Porcelain & Metal).....	No Copay
*Crowns (Full Cast Metal).....	No Copay
Dentures (Full or Partial).....	No Copay
Denture Relines (Lab or Office).....	No Copay

The above co-payments are for services provided by a DHA general dentist. Yearly deductibles may apply. Additional patient co-payments may be required.

When seen by a DHA specialist such as an Endodontist, Periodontist, Pedodontist, or an Oral Surgeon, **additional co-payments will be required.** General anesthesia may not be covered and should be preauthorized.

\*Additional charge may apply for precious or semi-precious metals.

# **DHA PANEL PROVIDERS**

## **General Dentists**

### **UFCW Union Local 324**

#### **Aliso Viejo**

All Smile Dental Group  
22912 Pacific Park Dr. #A  
Phone: (949) 716-6900

#### **Aliso Viejo**

Richard Wheatfill, DDS  
24502 Pacific Park Dr. #106  
Phone: (949) 643-1111

#### **Anaheim**

Seven Day Dental  
2265 W. Lincoln Ave.  
Phone: (714) 491-8600

#### **Anaheim**

Huy Cao Nguyen, DDS  
101 E. Lincoln Ave. #105  
Phone: (714) 774-7761

#### **Brea**

Brea Dental Group  
503 E. Imperial Hwy.  
Phone: (714) 672-9000

#### **Brea**

Kalvin Chen, DDS  
903 S. Brea Blvd.  
Phone: (714) 529-3184

#### **Covina**

Walter Rong, DDS  
236 W. Badillo St.  
Phone: (626) 339-7012

#### **Corona**

Michael Dobson, DMD  
720 Magnolia Ave. #A3  
Phone: (951) 371-2142

#### **Costa Mesa**

Lance Hamilton, DDS  
234 E. 17<sup>th</sup> Street #107  
Phone: (949) 650-6646

#### **Dana Point**

Joanne Gabot-Heyman, DDS  
32515 Golden Lantern #D  
Phone: (949) 661-2000

#### **Downey**

Fred Bina, DDS  
11849 S. Paramount Blvd.  
Phone: (562) 869-2596

#### **Downey**

Gallatin Dental Group  
10805 Paramount Blvd. #B  
Phone: (562) 869-1686

#### **Fullerton**

Todd A. Baker, DDS  
501 N. Cornell Avenue  
Phone: (714) 525-7757

# General Dentists

**Garden Grove Springtime**  
Dental  
9871 Chapman Avenue  
Phone: (714) 534-7290

**Huntington Beach**  
Sebastian Gonzales, DDS  
18700 Main Street. #206  
Phone: (714) 375-0959

**Lakewood**  
Lakewood Dental Center  
5464 South Street Phone:  
(562) 866-0705

**Long Beach**  
Long Beach Family Dental  
2006 Long Beach Blvd. #E  
Phone: (562) 218-6575

**Los Alamitos**  
Beachwood Dental 10952  
Reagan Street Phone: (714)  
527-2650

**Newport Beach**  
Smile Spa Dentistry  
496 Old Newport Bl.#5  
Phone: (949) 650-4910

**Placentia**  
Daniel Lee, DDS  
1061 E. Imperial Hwy.  
Phone: (714) 577-7575

**San Pedro**  
H. Cohen Kheradyar, DDS  
138 S. Gaffey Street  
Phone: (310) 548-1665

**Torrance**  
Sung Y. Lee, DMD  
1757 W. Carson St. Ste#E  
Phone: (310) 787-1233

**Tustin**  
Market Place Dentistry 2925  
El Camino Real Phone:  
(714) 505-0123

**Whittier**  
Washington Dental Group  
11408 E. Washington Blvd  
Phone: (562) 463-1111

# Dental Specialists

## ENDODONTISTS (ROOT CANALS)

### **Anaheim**

Seven Day Dental  
2261 W. Lincoln Ave.  
Phone: (714) 491-8668

### **Brea**

Darren Smolkin, DDS  
503 E. Imperial Highway  
Phone: (714) 672-9000

### **South Gate**

Central Endodontics  
2711 Santa Ana St.  
Phone: (323) 277-0600

### **Whittier**

Kwor Loo, DDS  
7201 S. Painter Avenue  
Phone: (562) 698-7925

### **Montebello**

Mike Bardi, DDS  
600 Beverly Blvd. #B  
Phone: (323) 721-9777

### **Culver City**

Mike Bardi, DDS  
4338 Sepulveda Blvd  
Phone: (310) 439-1006

### **Torrance**

Mike Bardi, DDS  
3663 Torrance Blvd.#3  
Phone: (310) 791-0666

### **Lakewood**

Mike Bardi, DDS  
5830 N. Bellflower Bl.  
Phone: (562) 461-8080

# Dental Specialists

## ORAL SURGEONS

### Anaheim

Michael Blum, DDS  
1211 W. La Palma#604  
Phone: (714) 772-2200

### Anaheim

Seven Day Dental  
2261 W. Lincoln Ave.  
Phone: (714) 491-8668

### Brea

Grant Jong, DDS  
503 E. Imperial Hwy  
Phone: (714) 672-9000

### Costa Mesa

Rick J. Berrios, DDS  
1801 Newport Blvd.#C  
Phone: (949) 515-4935

### Downey

Ameet Chopra, DDS  
10805 Paramount Blvd.#B  
Phone: (562) 869-1686

### Huntington Beach

Rick J. Berrios, DDS  
18800 Main Street#205  
Phone: (714) 841-4954

### Pico Rivera

Brennan Hughes, DMD  
8337 Telegraph Rd.#219  
Phone: (562) 927-7800

# Dental Specialists

## **PEDODONTISTS** (CHILDREN'S DENTIST)

**Anaheim**  
Seven Day Dental  
2261 W. Lincoln Ave.  
Phone: (714) 491-8668

**Corona**  
R. James Richardson, DDS  
910 S. Washburn Ave. #B  
Phone: (951) 735-2011

**Downey**  
Shakeh Garibyan, DDS  
10805 Paramount Blvd.#B  
Phone: (562) 869-1686

**Lake Forest**  
Dino-Mite Kids Dental  
23321 El Toro Rd. #C  
Phone: (949) 916-9798

**Newport Beach**  
Keith Tam, DDS  
2674 San Miguel Dr.  
Phone: (949) 478-6628

## **PERIODONTISTS** (GUM TREATMENTS)

**Anaheim**  
Seven Day Dental  
2261 W. Lincoln Ave.  
Phone: (714) 491-8668

**Downey**  
Afshin Salamati, DDS 10805  
Paramount Blvd.#B Phone:  
(562) 869-1686

# UFCW Local 324 Office

**Buena Park – Main Office**  
8530 Stanton Avenue  
Buena Park, CA 90620  
(714) 995-4601  
(800) 244-8329

## **DHADENTAL.COM**

This brochure was printed and mailed  
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